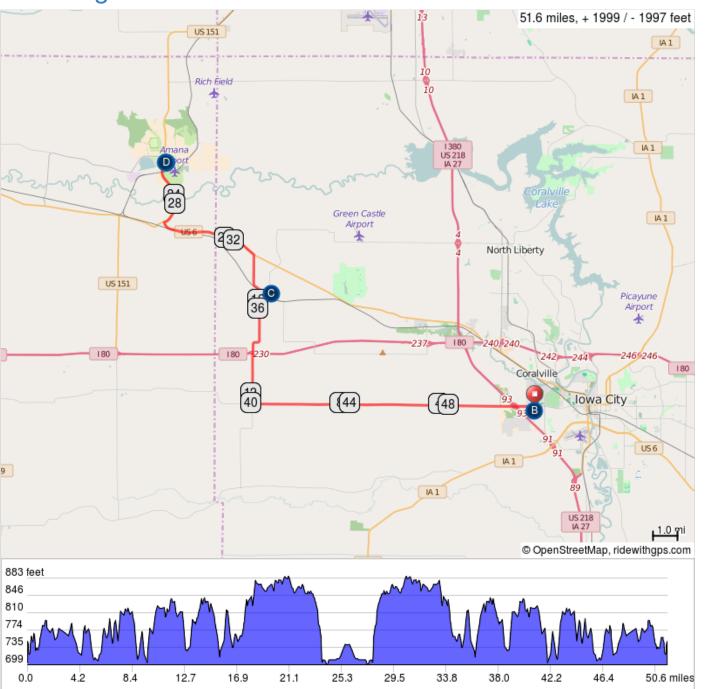
West High School to Oxford and Amana 52 miles









West High School to Oxford and Amana 52 miles

1.	0.0	-	Start of route
2.	0.0	←	Meet at West High. Exit to Melrose Ave and L
3.	1.6	1	Continue onto Iwv Rd SW
4.	11.6	\rightarrow	R onto Black Hawk Ave SW
5.	16.0	\rightarrow	R onto 295th St
6.	16.4	←	Slight L onto S Augusta Ave and through Oxford.
7.	16.7	←	L onto Wilson St
8.	17.0	1	Continue onto Black Hawk Ave NW
9.	18.7	←	L onto US-6 W
10.	22.7	\rightarrow	R onto US-151 N
11.	25.6	→	R onto 220th trail and enjoy your foodstop in Amana.

25.6 miles. +1318/-1325 feet

12.	25.8	←	Exit back on 220th st and L onto Hwy 151/W Ave.
13.	28.9	←	L onto US-6 E
14.	32.9	\rightarrow	R onto Black Hawk Ave NW
15.	34.6	1	Continue onto W Wilson St
16.	34.9	\rightarrow	R onto N Augusta Ave
17.	35.2	1	Continue onto 295th St NE/Hawkeye Dr
18.	35.5	←	L onto Black Hawk Ave NW
19.	37.3	\rightarrow	Keep R to stay on Black Hawk Ave NW
20.	40.0	←	L onto Iwv Rd SW
21.	50.1	1	Continue onto Melrose Ave
22.	51.4	→	R at Hawkeye Park Rd and back to West High.
23.	51.6	Þ	End of route

26.0 miles. +1307/-1305 feet